

COMPARATIVE ANALYSIS ON SELECTED PSYCHOLOGICAL CHARACTERISTICS, AMONG CRICKET PLAYERS AND NON CRICKET PLAYERS

GEORGE V. THOMAS

Assistant Professor, Kerala University College of Teacher Education, Adoor, Pathanamthitta, Kerala, India

ABSTRACT

The purpose of the study was to determine the psychological characteristics of cricket players and non cricket players. For this purpose 54 cricket players and 54 non cricket players were selected. The following psychological variables were considered-sports competitive anxiety, self confidence and stress. For the comparison of these variables 't' test was applied. The result of the study revealed that, there is significant difference between self confidence of cricket players and non cricket players whereas there is no significant difference in the sports competitive anxiety and stress among cricket players and non cricket players.

KEYWORDS: Confidence of Cricket Players, Non Cricket Players, Anxiety and Stress